

# KSE

**KALI SILAT EVOLUTION**  
URBAN SELF DEFENCE

Friday 19 April 2024 / 6:00 pm - 8:00 pm  
Saturday 20 April 2024 / 2:00 pm - 6:00 pm  
Sunday 21 April 2024 / 10:00 am - 2:00 pm

**OPEN TO EVERYONE**

#### LOCATION

Whitby Muay Thai  
103 dundas St W.  
ON L1N 2M1 Whitby  
Near Toronto

#### TRAINING GEAR

Sticks ▪ Training Knife ▪  
Boxing Gloves ▪ Focus Gloves  
Shin Guard & Mouth Guard  
& Martial Art Uniform

#### INFO & REGISTRATION

Contact: Joe Apostol  
Email: [gurojoeapostol@gmail.com](mailto:gurojoeapostol@gmail.com)  
Cell: +1 905 . 5502694

**FILIPINO MARTIAL  
ARTS**  
**SILAT BELADIRI**  
**URBAN SELF  
DEFENCE**

**DAKILANG  
GURO**  
**JEFF ESPINOUS**



**TORONTO . ON**



**CANADA**

